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Cogmed co-founder wins Philip's Nordic Prize for groundbreaking research on working memory training for children with ADHD



Oslo, Norway, December 8, 2006— Dr. Torkel Klingberg, professor of cognitive neuroscience at the Karolinska Institute in Stockholm, Sweden, received the Philip's Nordic Prize today for his research on working memory training for children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD). The prize recognizes outstanding research in the field of neuropsychiatry and was presented by the Norwegian royal princess Märtha Louise at the Rikshospital in Oslo, Norway.

Klingberg's research demonstrates that an individual's working memory can be strengthened through specific repeated mental exercises. Working memory is the function of the brain that allows individuals to store information for brief periods of time, typically a few seconds. Working memory is a key neurological function, necessary for many cognitive tasks.

The research breakthrough has shed new light on the treatment of attention deficits, such as those that exist in cases of ADHD, stroke and traumatic brain injury.

"I am honored and deeply grateful to receive this award," said Klingberg. "It is a source of personal joy to see these advances positively affect the lives of children who struggle with attention deficits. This award will help continue the important research on working memory training being conducted at the Karolinska Institute."

Translating his research into an active training program, Klingberg co-founded Cogmed, a developer of software-based working memory training products headquartered in Stockholm. Cogmed's rigorous and rewarding program combines computer-based training and personal coaching to help people with attention deficits strengthen their working memories. More than 80 percent of children who have

completed Cogmed's intensive five-week program have demonstrated dramatic and lasting improvements to their attention, impulse control and problem solving skills.

About Cogmed

Cogmed has made a breakthrough discovery that individuals can train and improve their working memory, a key function of the brain that allows individuals to store information for brief periods of time. Cogmed's Working Memory Training program helps people with attention deficits improve focus, impulse control and complex problem solving. Through a combination of software-based memory exercises and personal coaching, participants engage in a challenging five-week program using an Internet-connected computer at home. More than 80 percent of those who have completed Cogmed's rigorous and rewarding training have demonstrated dramatic and lasting improvements. Cogmed's program has been validated by high-impact research in controlled scientific studies at the Karolinska Institute, a world-renowned medical university based in Stockholm, Sweden. A leader in the emerging field of neurotechnology, Cogmed is a privately-held company founded in 2001 in Stockholm. Its North American headquarters are located in Naperville, Ill.

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